



For Immediate Release

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## **EAST END HOSPICE PROVIDING SUPPORT GROUP TO PEOPLE WHO'VE LOST LOVED ONES TO COVID-19**

Loss can be especially hard on the many family and friends that are left behind. That is why East End Hospice (EEH) is providing support groups for those who have lost a loved one to COVID-19.

“People are struggling with not being able to see their loved ones, or be by their side as they are dying,” said Jean Behrens, LCSW-R, EEH Adult Bereavement Coordinator. “Whether they are nearby or out of state, people are prohibited from visiting and saying goodbye. This is unprecedented and traumatic. To be able to process this trauma, it is imperative that people are surrounded by those who truly understand and are led by a clinician experienced in traumatic loss. East End Hospice provides this platform.”

EEH will be offering an 8-week online bereavement support group to anyone who has experienced this traumatic loss and needs companionship and support on this journey. The “Zoom” platform sessions will take place on Wednesdays starting May 27 from 4:00-5:30 pm. Registration and intake are mandatory.

“We have already had several people reach out and expect that to grow,” said Ms. Behrens. “The sessions are meant to be a safe place for people to share frustrations and to talk through their grief while learning simple coping techniques.”

“At East End Hospice, we have a team of mental health professionals who specialize in bereavement care. We offer services at no cost to adults, teens and children affected by grief,” stated Mary Crosby, EEH President and CEO.

Those looking for grief support can register for this group by emailing, Jean Behrens, LCSW-R at [jbehrens@eeh.org](mailto:jbehrens@eeh.org) or by calling 631.288.8400. We have a private voicemail so if you need to leave a message you can do so safely and with confidentiality assured.

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