



# Bereavement Resources

**Jean Behrens, LCSW-R Adult Bereavement Coordinator**

631-288-1546 ext 208, [jbehrens@eeh.org](mailto:jbehrens@eeh.org)

**Angela Byrns, LCSW Childrens Bereavement Coordinator, Camp Good Grief Director**

631.288.1546 ext 209, [abyrns@eeh.org](mailto:abyrns@eeh.org)

**Jessica Dunn, LMSW Bereavement Social Worker**

631-288-1546, ext 260, [jdunn@eeh.org](mailto:jdunn@eeh.org)

## RESOURCE BOOKS

A Silent Sorrow-Pregnancy Loss.....Ingrid Kohn & Perry-Lynn Moffitt  
Talking About Death.....Earl Grollman  
Awakening From Grief: Finding the Way Back to Joy.....John Welshons  
Help Me Say Goodbye.....Janis Silverman  
Parents Guide to Raising Grieving Children.....Phyllis Silverman  
But I didn't Say Goodbye (for suicide survivors).....Barbara Rubel  
Understanding Grief: Helping Yourself Heal.....Alan Wolfelt  
The Mourning Handbook.....Helen Fitzgerald  
I'm Grieving as Fast as I Can: How Young Widows and Widowers Can Cope and Heal.....Linda Feinberg  
How Do We Tell the Children?.....Daniel Schaefer  
The Journey Through Grief and Loss.....Robert Zucker  
Understanding Your Suicide Grief.....Alan Wolfelt  
Someone I Love Died By Suicide.....Doreen Cammarata  
Comfort: A Journey Through Grief.....Ann Hood  
The Empty Room: Understanding Sibling Loss.....Elizabeth DeVita Raeburn  
An Exact Replica of a Figment of My Imagination; A Memoir..... Elizabeth McCracken  
The Gift of Grief: Finding Peace, Transformation, and Renewed Life After Great Sorrow  
.....Matthew D. Gewirtz  
A Grief Observed.....C.S. Lewis  
If Only,.....Carol Geithner  
Levels of Life.....Julian Barnes  
Making Toast: A Family Story.....Roger Rosenblatt  
Motherless Daughters: The Legacy of Loss.....Hope Edelman  
Open to Hope: Inspirational Stories of Healing After Loss...Dr. Gloria Horsley and Dr. Heidi Horsley  
The Year of Magical Thinking.....Joan Didion  
Walking the Night Road: Coming of Age in Grief .....Alexandra Butler  
The Other Side of Complicated Grief: Hope in the Midst of Despair.....Rhonda O'Neill, R.N.  
From Grief to Peace.....Heather Stang  
Mindfulness & Grief.....Heather Stang  
Bearing the Unbearable.....Dr. Joanne Cacciatore  
Grieving is Loving.....Dr. Joanne Cacciatore  
It's Ok that You're Not Ok.....Morgan Devine  
I'll Write Your Name on Every Beach.....Susan Auerbach  
Passed and Present: Keeping Memories of Loved ones Alive.....Allison Gilbert  
Permission to Mourn.....Tom Zumba

## RESOURCE: WEBSITES & PODCASTS

ADEC American Death Education Counseling Association [www.adec.org](http://www.adec.org)

American Association of Suicidology <https://suicidology.org/school-resources/>

American Foundation for Suicide Prevention [www.afsp.org](http://www.afsp.org)

Compassionate Friends [www.compassionatefriends.org](http://www.compassionatefriends.org)

Crisis, Grief, and Healing [www.webhealing.com](http://www.webhealing.com)

Grief After Substance Abuse Passing [www.grasphelp.org](http://www.grasphelp.org)

Bereaved Parents of the USA [www.bereavedparentsusa.org](http://www.bereavedparentsusa.org)

Griefnet [www.griefnet.org](http://www.griefnet.org)

Survivors of Suicide [www.survivorsofsuicide.com](http://www.survivorsofsuicide.com)

Tragedy Assistance Program for Survivors [www.survivorsofsuicide.com](http://www.survivorsofsuicide.com)

What's Your Grief <https://whatsyourgrief.com>

Let Haven Help [www.havenofnova.org](http://www.havenofnova.org)

Center for Loss <https://www.centerforloss.com/>

Eluna Network <https://https://elunetwork.org/national-bereavement-resource-guide/resources/www.urmc.rochester.edu/childrens-hospital/bereavment/helping-children-cope.aspx>

Cope Foundation <https://www.copefoundation.org/grief-resources/>

Grief Support [www.onlinegriefsupport.com](http://www.onlinegriefsupport.com)

Grief <https://www.grief.com>

### Podcasts:

Dr. Joanne Cacciatore

What's your Grief

"All There Is" with Anderson Cooper

"Grief Out Loud" by The Dougy Center

For additional resources please check our website [www.eeh.org](http://www.eeh.org)

**Your local library/bookstore is also a good resource!**



58 Old Riverhead Road, Westhampton Beach, NY 11978

631.288.1546

[eeh.org](http://eeh.org)

[eehcampgoodgrief.org](http://eehcampgoodgrief.org)